

**PROVOX<sup>®</sup>**  
**Life** Breathe better,  
whatever you do

# Provox<sup>®</sup> FreeHands FlexiVoice<sup>™</sup>

Freedom to speak hands-free





# Enjoy socialising and expressing yourself like you used to

Speaking hands-free is a desire shared by many people who have gone through a laryngectomy. With your hands free to make gestures, talking to people will feel more familiar. When doing everyday activities and being with other people, it is nice to talk without having to occlude your stoma with your finger. Many have said that speaking hands-free feels more like life before the surgery.



**“Speaking hands-free gives me the possibility to live a very active life. That’s freedom to me.”**

- Provox® FreeHands FlexiVoice™ user

## When might I use hands-free speech?

Going out and meeting people may become easier when you speak hands-free. You can be with family and friends in a more natural way and blend in more comfortably. Working life may be easier too, especially if you depend on both of your hands to do your job.



Socialising



Driving



Cooking



Using a mobile



Working



Housework



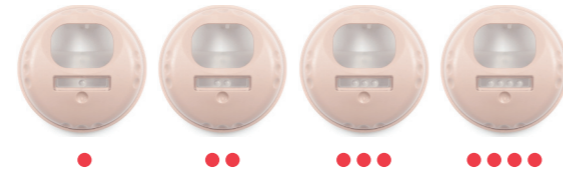


## Choosing the right strength for you

Provox® FreeHands FlexiVoice™ offers both the freedom to speak hands-free and with finger occlusion when wanted. For hands-free speech, you can choose between 4 different strengths: light, medium, strong and xtrastrong.

Your clinician will conduct an assessment to help determine which strength Provox® FreeHands FlexiVoice™ is suitable for you.

Provox® FreeHands FlexiVoice™ can be used with Provox Life™ FreeHands HME. So, all you need to do is click on the HME and attach to your adhesive or tube, then you're ready to go!



- Speak hands-free for more natural communication
- Quick and easy to set up
- Helpful arch accessory helps keep clothing away
- Ability to turn device to a locked position for airflow when being active
- Available in four strengths to suit your need
- Easy handling; the device is attached to the HME with one single click
- Combined with an HME to support healthy lungs



## Looking after your lungs with Provox Life™ FreeHands HME



Provox Life™ FreeHands HME



HME inner foam density



Provox® FreeHands FlexiVoice™ is compatible with the new Provox Life™ FreeHands HME which offers good humidification to help reduced coughing and mucus.

- Good humidification
- Comfortable breathability
- Easy removal of HME without the need for removal aid
- May reduce mucus production and coughing

**“I have been using Provox® FreeHands FlexiVoice™ for about 6 years and it is without a doubt a very important bit of my laryngectomy life. It gives me the ability to speak and do a myriad of other things, just like people with vocal chords. It works straight out of the box with the only deciding factor which of the three options works best for you.**

- Provox® FreeHands FlexiVoice™ user

### Meet Bill.

Watch Bill's story with Provox® FreeHands FlexiVoice™ and how he has benefitted from hands-free speech.



## Top tips for Provox® FreeHands FlexiVoice™

- 1 To help improve your voice quality with Provox® FreeHands FlexiVoice™, it may be beneficial to practice coordinating your breathing and speaking.
- 2 Be patient. It can take time to build up your tolerance but once you have learnt to use Provox® FreeHands FlexiVoice™ it can become second nature to you.
- 3 Create a plan with your clinician. Your clinician will be able to work with you to help you get the best out of your voice with Provox® FreeHands FlexiVoice™.



If you would like to learn more about speaking hands-free you can contact our Customer Care team.



**Call or text us**

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Text: 07800 140 059



**Email us**

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**Visit our website**

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